

<b>Alberta Curriculum</b>	<b>Bullying: Pets and Peers</b>
<b>Grade 4</b>	<b>General and Specific Outcomes</b>
<b>Health and Life Skills</b>	
<b>Wellness Choices</b>	General: Students will make responsible and informed choices to maintain health and to promote safety for self and others.
<b>Relationship Choices</b>	General: Students will develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions.
Understanding and Expressing Feelings	R-4.1 Recognize that individuals can have a positive and negative influence on the feelings of others
	R-4.2 Identify and use short-term strategies for managing feelings; e.g., dealing with excitement, anger, sadness, jealousy
	R-4.3 Recognize that management of positive/negative stress can affect health
	R-4.4 Demonstrate respectful communication skills; e.g., describe behaviors that show respect for the feelings of others
	R-4.6 Identify and describe ways to provide support to others; e.g., help a friend deal with loss
Interactions	R-4.7 Practice effective communication skills and behaviors to reduce escalation of conflict; e.g., monitor personal body language
Group Roles and Processes	R-4.9 Assess how to act as important role models for others