

This page provides a list of Alberta Learning curriculum objectives from Health and Life Skills which we believe are met under the Bullying: Pets and Peers program.

Alberta Curriculum	Bullying: Pets and Peers
Grade 5 Health and Life Skills	General and Specific Outcomes
Wellness Choices	General: Students will make responsible and informed choices to maintain health and to promote safety for self and others.
Safety and Responsibility	.W-5.8 Promote safety practices in the school and community
Relationship Choices	General: Students will develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions
Understanding and Expressing Feelings	R-5.1 recognize that presenting feelings may mask underlying feelings; e.g., anger can mask frustration, hurt R-5.3 Recognize that stressors affect individuals differently, and outline ways individuals respond to stress
Interactions	R-5.7 Apply mediation skills when resolving conflicts; e.g., recognize feelings of others, allow others to express opinions
Group Roles and Processes	R-5.9 Explore respectful communication strategies that foster group/team development; e.g., encourage participation of all group members
Learning Strategies	L-5.3 Investigate the effectiveness of various decision-making strategies; e.g., decision by default, impulsive decision making, delayed decision making