

Curriculum Connections

A review of the Alberta Education Curriculum Core Programs from kindergarten to grade 12 demonstrated that the Humane Education Department's Bullying and Link Presentations are directly related to Health and Life Skills (kindergarten to grade 9) and Career and Life Management (grades 10-12). The general outcomes listed under Humane Sexuality Education are wellness choices, relationships choices, and personal choices, but more importantly our presentations meet specific outcomes which are determined by grade level. The following list includes specific outcomes related to the Bullying Presentation (grade 7-9) and The Link Presentation for senior high students

Health and Life Skills Specific Outcomes

Grade 7

Personal Health

W 7.6 - Analyze social factors that may influence avoidance and/or use of particular substances

Safety and Responsibility

W 7.7 - Analyze the definition, effects and possible consequences for various forms of harassment

W 7.8 - Analyze and appreciate differing personal perspectives on safety; e.g., physical, emotional, and social safety

W 7.10 - Identify and examine potential sources of physical/emotional/social support

W 7.11 - Identify characteristics of resiliency; e.g., problem solving skills, self-esteem, and social bonding

Understanding and Expressing Feelings

R 7.3 - Identify sources of stress in relationships and describe positive methods dealing with such stressors; e.g., change, discrimination, loss, and rejection

Group Roles and Processes

R 7.8 - Analyze the possible effects of belonging to a group, team, or gang

Grade 8

Personal Health

W 8.3 - Recognize and accept that individuals experience different rates of physical, emotional, sexual and social development

W 8.4 - Develop personal strategies to deal with pressures to have certain look/lifestyles; e.g., accept individual look

Safety and Responsibility

W 8.7 - Determine the signs, methods and consequences of various types of abuse; e.g., neglect, physical, emotional, and sexual abuse

W 8.11 - Identify and develop personal resiliency skills; e.g., planning skills, social competence

Understanding and Expressing Feelings

R 8.1 - Describe characteristics of persistent negative feeling states: e.g., depression, mood disorders

Interactions

R 8.5 - Develop strategies for maintaining healthy relationships

Group Roles and Processes

R 8.8 - Describe and explain the positive and negative aspects of conformity and dissent as they relate to individuals in a group or on a team

Grade 9

Safety and Responsibility

W 9.7 – evaluate implications and consequences of sexual assault on a victim and those associated with that victim.

W 9.8 - Develop strategies to promote harm reduction/risk management; e.g., differentiate between choosing personal challenges or acting impulsively, encourage others to evaluate risks

W 9.9 - Analyze and evaluate laws and policies that promote personal, community and workplace safety

W 9.11 - Use personal resiliency skills; e.g., seek out appropriate mentors, have a sense or purpose, have clear standards for personal behaviour

W 9.14 – **Develop strategies that address factors to prevent or reduce sexual risk.**

Understanding and Expressing Feelings

R 9.2 - Analyze why individuals choose not to express or manage feelings in situations; e.g., using anger to manipulate others, avoid others, feel powerful

Interactions

R 9.5 - Describe and analyze factors that contribute to the development of unhealthy relationships, and develop strategies to deal with unhealthy relationships.

Group Roles and Processes

R 9.8 - Analyze skills required to maintain individuality within a group; e.g., self-respect, assertiveness, refusal skills

Career and Life Management (CALM) Specific Outcomes

Senior High

P4. Develop approaches/tactics for creative problem solving and decision making

- describe the existence of self and the importance of self-confidence
- assess own well-being and own ability to cope with challenges and overcome obstacles
- analyze the ability to make a change or difference, for self and others
- explain the impact of continual change and growth in life

P9. Demonstrate and apply effective communication, conflict resolution and team building skills

- Examine methods of communication, barriers to communication and strategies to enhance communication
- Describe the stages for negotiating conflict, and issues and difficulties in

- resolving
- Apply skills to deal with negative peer pressure and negative views of others

P10. Examine various attitudes, values and behaviours for developing meaningful interpersonal relationships

- Identify strategies for dealing with a significant change and loss in a relationship and for ending a relationship
- generate a list of ways to provide support to others
- Develop strategies for identifying unhealthy relationships and for dealing with exploitation and violence in relationships

P11. ***Examine the relationship between commitment and intimacy in all its levels***

- ***identify expectations and commitments in various relationships***
- ***describe how personal values play a role in relationships***
- ***explain the role of trust and ways to establish trust in a relationship***
- ***develop strategies for dealing with jealousy***

P14. Evaluate resources and support systems for each dimension of health and well-being for self and others

- Identify support systems and resources for unhealthy relationships and strategies for contracting/using them
- Explain ways to learn actions of responsible citizenship