

Calgary Humane Society Introduces Cat Yoga

In October 2017, Calgary Humane Society held its first ever Meow-ga event. Due to high demand we decided to hold a second event which sold out in under 30 minutes!

Cat yoga allows cat lovers and yogis to come together and enjoy a fun-filled hour with instructor Rachel Cowie and Calgary Humane Society cats.

All levels and experience welcome.

\$15 entry (ages 16+). All proceeds go towards helping the animals in our care.

What: Meow-ga (It's like regular yoga with cats!)

When: Saturday November 18th 10:00am -11:00am.

Where: Calgary Humane Society: 4455 110 Avenue SE.

Register online at www.calgaryhumane.ca

Media are welcome to attend the November 18th event. A CHS spokesperson will be on hand for comment.

For more information or for media inquiries please contact:

Sage Pullen McIntosh

Senior Manager, Communications and Community Relations

403.723.6033 (o) 403.860.5897 (c)

sage.pullenmcintosh@calgaryhumane.ca