



Creating A Safe Room for Your Cat

What is a Safe Room?

A safe room for your cat is simply a room that can be used to help make your cat feel safe and secure in its own home. A cat tends to feel most safe and secure when its environment is quiet, there are places to hide, the routine is predictable and the cat not only has its basic necessities but is surrounded by its own scent. As part of making your cat feel safe, appropriate social interaction is a must to either maintain or establish a bond with your cat.

The most notable **reasons** for having a Safe Room are:

- When you bring a new cat into the home or there is a change of residences
- It is useful as a problem resolution and management tool
- Introducing new family members, or even reacquainting, your cat with people and other animals
- When a cat is suffering from an illness
- To help get a cat's nocturnal activity under control
- To help a cat struggling in a multi-cat household
- To help calm your cat after a stressful event, like a visit to the vet or an incident involving aggression.

How to create a safe room

- A safe room should include at least one of each of the following
 - Litter box
 - Food
 - Water
 - Bed
 - An appropriate scratching surface
 - Appropriate toys (safe for unsupervised play)
 - Something to hide in
 - Something to climb up or walk along



- A door to close the room off from the rest of the house.
- If your cat is reacting to a perceived external threat it is best for the cat not to have a view of the outdoors.

If you think you need a Safe Room for one of the reasons mentioned above check out the applicable resources document on our website at <https://www.calgaryhumane.ca/services/pet-training/training-resources/>

If you find you have a situation that does not allow for you to create a safe room or are struggling to keep your cat content in their safe room, you can always call our Help Line at 403-723-6019 or book a consultation via our website at <https://www.calgaryhumane.ca/what-we-do/animal-training/private-consultations/>