

Grade 7

Health and Life Skills

- L-7.6 examine factors that may influence future life role/ education/career plans; e.g., technology, role models
- R-7.8 analyze the potential effects of belonging to a group, team, gang

Grade 8

Health and Life Skills

- R-8.6 describe and provide examples of ethical behaviour in relationships; e.g., integrity
- L-8.3 identify components of ethical decision making, and apply these concepts to personal decision making
- L-8.4 begin to develop goals and priorities related to learning and future career paths, based on personal interests, aptitudes and skills
- L-8.7 relate personal knowledge and skills to potential opportunities for volunteering and providing service to others in the community

Grade 9

Health and Life Skills

- L-9.4 refine personal goals and priorities relevant to learning and career paths; e.g., investigate education programs including senior high school programs and those related to potential careers
- L-9.7 analyze the potential impact of volunteerism on career opportunities

Senior High

Career and Life Management (CALM)

- C1. examine the components of effective career development as a lifelong process
 - describe the career planning process and principles
 - relate present daily living skills and experiences to career aspirations
- C2. update and expand a personal profile related to potential career choices
 - assess personal assets, such as interests, competencies—including skills, abilities, aptitudes and talents—personality traits, limitations and strengths, to expand a personal profile
 - assess employability skills and personal, transferable and knowledge-based skills to expand the personal profile
 - examine other influential factors, including aspirations, attitudes, values, goals and the expectations of others, or lack thereof, to include in the personal profile
- C3. examine the relationship among career planning, career decisions and lifestyles
 - describe various factors that can affect opportunities for education and careers
 - explain why being resourceful is important to success
- C4. develop strategies to deal with the transition from senior high school to post-secondary education/training and/or the world of work
 - assess existing opportunities for work experience, cooperative education, and volunteer and paid part-time work
 - use the community in a search for information and experience through career mentoring, job shadowing, investigative interviewing, networking and personal research
 - analyze the career paths of others
- C5. develop a quality career portfolio
 - describe various sources of personal career aspirations
 - assess a wide range of career possibilities
 - build a quality career portfolio by combining the occupational profile and the personal information profile
- C8. Determine skills, attitudes, and behaviours necessary to getting a position
 - Identify job search strategies for volunteer and paid positions